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CAROL SMILLIE

Carol was born on the 23rd Dec 1961 and is the youngest of four. She began her career as a student at the world famous Glasgow School of Art, before trying her hand at modelling. She spent the next decade as a highly successful model and got her first major break into television as the highly publicised hostess on Wheel of Fortune, an ITV quiz show.

Offers quickly flooded in, and she was snapped up by the BBC travelling the world to present The Travel Show for BBC2 and then BBC 1's Holiday. Summer Holiday, and Holiday Swaps quickly followed before she was chosen to become the face of The National Lottery for three years.

However, the show she will always be known for is, of course, BBC television's CHANGING ROOMS, the flagship DIY programme which changed the face of British television as we know it today. The programme earned Carol invitations to Buckingham Palace & Downing Street, an Indie award a National TV Award, a Bafta nomination, not forgetting Ronni Ancona's alter ego 'Smillie Smillie Carol Smillie' and of course the big red book on THIS IS YOUR LIFE.

Carol is now one of the UK's most sought after presenters for television programmes, award ceremonies, corporate events, advertisements and charity work.

She has since fronted shows like Dream Holiday Home (C5) A Brush with Fame (ITV1), took part in Strictly Come Dancing (BBC1) winning 5th place and even went full circle by hosting her own quiz show Postcode Challenge (STV). She has also guested on countless shows including Friday Night with Jonathon Ross, Have I Got News For You and Who Wants To Be A Millionaire and is a regular contributor on STV.

She has published her own book, 'Carol Smillie's Working Mum's Handbook' and pre and post natal fitness DVD 'Changing Shape' as well as a column in Woman's Own and 'Perfect Pets' for The Sunday Times.





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She is very much in demand in the corporate market as a host for company conferences and award ceremonies, and was chosen to host the Duke of Edinburgh's 80th birthday celebrations at the Royal Albert Hall.

Lately, Carol has turned her hand to comedy, treading the boards with two sellout tours of Vagina Monologues, and the hilarious 'Hormonal Housewives'.

Interestingly, Carol returned to Glasgow School of Art four years ago, to complete 'unfinished business' where she now turns her hand to life drawing and painting in her spare time.

She is married to restaurateur Alex Knight and they have three wonderful children Christie, Robbie and Jodie.

