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FRED PALASCAK & MELANIE LAMBERT

Professional Ice Skaters

Dancing on Ice, ITV1

Melanie and Fred's partnership began with an unusual first meeting. In 1993, Melanie and Fred competed at the US Eastern Sectional Championships in Junior Pairs... against each other. Melanie and her partner placed third, ahead of Fred and his partner who placed fourth.

Later that year at the US National Championships, their placements reversed. Fred and his partner placed 10th, ahead of Melanie and her partner, who finished 11th.

Early in 1994, they both ended their previous unsuccessful partnerships. By the end of the summer that year, both of their respective coaches decided they should have a "try-out" together. Everything clicked that first day skating together: all the tricks and moves came with ease, and they got along extremely well. Their training the rest of that year went as planned, making a lot of progress with each passing week. And, something else had also happened during those weeks of training... they fell in love.

In their first event competing as a team, the US Eastern Sectionals (the qualifying event for the US National Championships), Melanie and Fred blew away their competition and were the Champions of that event. I guess you could say, it was happily ever after...

